You must be home to receive a meal.

If you will not be home between 10:30am-12:30pm, please cancel meal by 9am by calling 341-3111

October 31-November 3rd Edmond Mobile Meals Offices will be Closed.

1st Monday 11/6	1st Tuesday 11/7	2nd Wednesday 11/8	2nd Thursday 11/9	2nd Friday 11/10
Beef Goulash	Lemon Pepper Tilapia	Bacon Breakfast Tacos	Chicken Alfredo	*Cold Meal*
Capri Vegetables	Rice Pilaf	Roasted Potatoes	Garlic Knot	Tuna Pasta Salad
Dessert	Green Beans	Apple Crisp	Broccoli	EMM Three Bean Salad
	Cinnamon Roll	*EMM Salsa	Dessert●●	Honey Lime Fruit Salad
				Frozen Weekend Meal

2nd Monday 11/13	2nd Tuesday 11/14	3rd Wednesday 11/15	3rd Thursday 11/16	3rd Friday 11/17
Sloppy Joe on Bun	BBQ Ribs	Chicken and Dumplings	Fried Chicken Sandwich	Chicken & Mandarine Orange Salad
Squash Casserole	Baked Beans	Chuckwagon Corn	Roasted Potatoes	Potato Salad
Dessert	Parisian Carrots	Dessert	5 way Vegetables	Fruit Mix
	Dessert		Dessert●●	
				Weekend Meal

3rd Monday 11/20	3rd Tuesday 11/21	4th Wednesday 11/22	4th Thursday 11/23	4th Friday 11/24
Sausage w/Onions and Peppers	Stuffed Peppers	3 meals:	Closed for Thanksgiving	Closed for Thanksgiving
Sliced Potatoes	Winter Mix Vegetables	1 Traditional Thanksgiving Meal		
Hawaiian Roll	Cinnamon Roll	1 Frozen Meal		
Berry Cobbler		1 Cold Meal with Thanksgiving Theme		

4th Monday 11/27	4th Tuesday 11/28	5th Wednesday 11/29	5th Thursday 11/30
Chicken Drumstick	Roasted Chicken Wings	*Ham and Beans*	Meatloaf
Zucchini with Thyme	Collard Greens	Capri Vegetables	Mashed Potatoes
Potatoes with Brown Gravy	Corn Casserole	Mini Muffin	Broccoli
Dessert	Dessert		Dessert

Attention clients with food allergies:

*Wheat
*Dairy
*Peanuts
*Soybeans
*Sesame
*Fish

● Menu items subject to change upon availability

●●Dessert items may repeat during the month and will contain wheat, dairy, peanuts, eggs, and/or tree nuts

Please be aware that our food may contain or come into contact with common allergens, such as dairy, sesame, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish.

Please call the office if you have any questions about a particular food item and its ingredients.