

**You must be home to receive a meal.**

**If you will not be home between 10:30am-12:30pm, please cancel meal by 9am by calling 341-3111**

				1st Thursday 2/1	1st Friday 2/2
				Brisket Sandwich	Indian-style Chicken w/Rice
				Baked Beans	Broccoli and Cauliflower
				Potato Salad	Dessert
				Dessert	
					<b>Frozen Weekend Meal</b>
1st Monday 2/5	1st Tuesday 2/6	1st Wednesday 2/7	2nd Thursday 2/8	2nd Friday 2/9	
Rosemary Chicken	Lemon Pepper Tilapia	Pizza Pasta	Beef and Vegetable Soup	Chicken and Swiss Sandwich	
Mashed Potatoes	Rice Pilaf	Mixed Vegetables	Cornbread	Mixed Vegetables	
Peas and Pearl onion	Green Beans	Dessert●●	Broccoli	Dessert	
Dinner Roll	Cinnamon Roll		Dessert	*Sr Center V-day	
Dessert				<b>Weekend Meal (Cold)</b>	
2nd Monday 2/12	2nd Tuesday 2/13	2nd Wednesday 2/14	3rd Thursday 2/15	3rd Friday 2/16	
Taco Salad	Jambalaya	Chicken and Stuffing Casserole	Lasagna	Chef Matthew's Choice	
Corn and Black Beans	Peas and Carrots	Diced Sweet Potatoes	Garlic knot Rolls		
Dessert	Dessert	Green Beans and Bacon	Vegetables		
	Mardi Gras Dessert	Valentines Day Cookie	Dessert		
Tortilla Chips				<b>Weekend Meal (Cold)</b>	
3rd Monday 2/19	3rd Tuesday 2/20	3rd Wednesday 2/21	4th Thursday 2/22	4th Friday 2/23	
Ham and Beans	Chicken, Rice and Broccoli Casserole	Roasted Chicken Wings	Meatloaf with Mashed Potatoes	Bacon Cheeseburger	
Cornbread	Mixed Vegetables	Augratin Potatoes	Asparagus	Winter Mix Vegetables	
Green Beans	Dessert	Carrots	Cake	Dessert	
Dessert		Dessert			
				<b>Weekend Meal (Cold)</b>	
4th Monday 2/26	4th Tuesday 2/27	4th Wednesday 2/28	4th Thursday 2/29	5th Friday 1/29	
Ground Beef stroganoff	Breakfast Sandwich	Chicken Fajitas	Chef Toni's Choice	2 meals:	
Roll	Augratin Potatoes	Rice		1 New Year's Celebration Meal	
Vegetable	Fruit Cobbler	Mixed Vegetables		1 Cold Meal	
Dessert					
		Tortilla			

Attention clients with food allergies:

*Wheat	*Soybeans
*Dairy	*Sesame
*Peanuts	*Fish

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● Menu items subject to change upon availability			
●●Dessert items may repeat during the month and will contain wheat, dairy, peanuts, eggs, and/or tree nuts			
Please be aware that our food may contain or come into contact with common allergens, such as dairy, sesame, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish.			
Please call the office if you have any questions about a particular food item and its ingredients.			